



How Long

Choreographed by Jo Thompson Szymanski

Description: 32 count, 4 wall, beginner line dance

Music: **How Long** by The Eagles [CD: Long Road Out Of Eden]
One Foot In Front Of The Other by George Strait [It Just Comes Natural / Available on iTunes]
Lipstick, Powder & Paint by Delbert McClinton [Ultimate Collection / Available on iTunes]
Choo Choo Ch'boogie by Asleep At The Wheel [162 bpm / Swing Time / The Very Best Of Asleep At The Wheel / CD: Tracks & Trains / Available on iTunes]
Would You Consider by Scooter Lee [165 bpm / CD: Would You Consider / Available on iTunes]
Sea Cruise by Scooter Lee [156 bpm / CD: / Available on iTunes]
Why Me by Scooter Lee [160 bpm / CD: / Available on iTunes]
Oh Lonesome Me by Scooter Lee [CD: / Available on iTunes]

HEEL, TOGETHER 4 TIMES

1-2 Touch right heel forward, step right foot together
 3-4 Touch left heel forward, step left foot together
 5-6 Touch right heel forward, step right foot together
 7-8 Touch left heel forward, step left foot together

VINE RIGHT, TOUCH, VINE LEFT, TURN ¼ LEFT, TOUCH

1-2 Step right foot to right side, step left foot crossed behind right
 3-4 Step right foot to right side, touch left foot together
 5-6 Step left foot to left side, step right foot crossed behind left
 7-8 Turn ¼ left and step forward with left, touch right foot together

DIAGONAL STEP TOUCH FORWARD, BACK, BACK, FORWARD

1 Step right foot to right front diagonal
 2 Touch left foot together, clap hands
 3 Step left foot to left back diagonal
 4 Touch right foot together, clap hands
 5 Step right foot to right back diagonal
 6 Touch left foot together, clap hands
 7 Step left foot to left front diagonal
 8 Touch right foot together, clap hands

ROCK, RECOVER, BACK, HITCH, SLOW COASTER STEP, STOMP

1-2 Rock forward with right foot, recover back to left foot
 3-4 Step back with right foot, hitch left knee and drop right heel (will feel like a small hop on the right foot with the left knee up)
 5-6 Step back with left foot, step together with right foot
 7-8 Step forward with left foot, stomp right foot together keeping weight on left foot
Sometimes called a "stomp up"

REPEAT

TAG

When using the song "How Long" by Eagles, after the 3rd wall, insert this 4-count tag

1-4 Touch right heel forward, step right foot together . Touch left heel forward, step left foot together
Then restart the dance as normal. In other words on the 4th wall, you will do a total of 6 heel touches

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