

# SWINGIN' THING

as taught by Mike Salerno

**NAME:** Swingin' Thing

**DESCRIPTION:** 32 count, 1 wall, beginner line dance

**CHOREOGRAPHER:** Jo & Rita Thompson

**MUSIC TEMPO SUGGESTIONS:**

**Slow** – No One Else on Earth by Wynonna Judd (98 BPM)

**Medium** – Stars Across Texas by T. Graham Brown (114 BPM)

**Fast** – Pride and Joy by Scooter Lee (124 BPM) or Any Moderate West Coast Swing Tempo

## COUNTS/STEP DESCRIPTION

### **Walk Forward Right, Left, Right, Kick, Walk Backwards Left, Right, Left, Touch**

1-2.) Step Right Foot Forward, Step Left Foot Forward

3-4.) Step Right Foot Forward, Kick Left Foot Forward

**Choreographer's Note:** On count 4, for better balance, touch the left beside right instead of kicking forward

5-6.) Step Left Foot Backwards, Step Right Foot Backwards

7-8.) Step Left Foot Backwards, Touch Right Foot Beside Left Foot

### **Walk Forward Right, Left, Right, Kick, Walk Backwards Left, Right, Left, Touch**

9-16.) Repeat Steps 1-8 Above

### **Side Right, Hold, Together, Hold, Side Right, Hold, Together, Hold**

17-18.) Step Right Foot to Right Side, Hold

19-20.) Step Left Foot Beside Right Foot, Hold

21-22.) Step Right Foot to Right Side, Hold

23-24.) Touch Left Foot Beside Right, Hold

**Choreographer's Note:** For fun, on the above 8 counts you can shimmy, wiggle, or shake something!

### **Side, Together, Side, Together, Side, Together, Clap, Clap**

25-26.) Step Left Foot to Left Side, Step Right Foot Beside Left Foot

27-28.) Step Left Foot to Left Side, Step Right Foot Beside Left Foot

29-30.) Step Left Foot to Left Side, Touch Right Foot Beside Left Foot

31-32.) Clap, Clap

**Let's Dance It Again & Again**