Be Fit
Be *Healthier*
Be The Best Version Of You

Square Dance Fitness

NO PARTNER NEEDED
NO EXPERIENCE NEEDED
DRESS COMFORTABLE

It's not only working out and burning calories. But also dancing and having fun

INTRO CLASSES START OCTOBER 5, 2026
7:00 PM
FIRST CLASS IS FREE!

MEADOWLARK ESTATES
4430 BAUER FARM DRIVE
LAWRENCE, KS 66049

HAPPY TIME SQUARES

785-840-7956 (TALK OR TEXT)
HAPPYTIMESQUARESLAWRENCE@GMAIL.COM